



POLSKI ZWIĄZEK MUAYTHAI POLISH MUAYTHAI FEDERATION



OPEN POLISH MUAYTHAI CUP

29.11.-01.12.2024

ŻARY, POLAND

OFFICIAL INVITATION

Dear International Clubs,

We are pleased to invite your teams to the Open Polish Muaythai Cup 2024 held in Żary, Poland. The event will be held from the 29.11.-01.12.2024.

The Open Polish Muaythai Cup 2024 will include youth (14-15), youth (12-13) youth (10-12) divisions.

At the Open Polish Muaythai Cup 2024 only IFMA Club members will be able to participate.

We invite you to register your team by e-mail: zawody@pzmuaythai.pl

Please send a collective list of Athletes to the e-mail zawody@pzmuaythai.pl, providing the information in the e-mail according to the following example:

Athlete Name & Surname, Club Name, Age category (and date of birth), Weight category

E.G. Jan Kowalski, Thai Gym, youth 14-15, 01.01.2010, -60 kg

Registration CLOSES: 18.11.2024

We are looking forward to welcome your delegation in Poland!

Rules & Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) & Polish Muaythai Federation (PZMT).

All age divisions, weight class and fight formula as it is in current IFMA regulations.

All participants must have passport, contest declaration, medical declaration, insurance.

Organizers will take care of equipment: boxing gloves, helmet, leg, elbow and chest protections.

Divisions of the Competition

Age	YOUTH 14 - 15				YOUTH 12 - 13				YOUTH 10 - 11			
	MALE		FEMALE		MALE		FEMALE		MALE		FEMALE	
Weight (KG)			36	1	1	32	32	1	1	30	30	1
	1	38	38	2	2	34	34	2	2	32	32	2
	2	40	40	3	3	36	36	3	3	34	34	3
	3	42	42	4	4	38	38	4	4	36	36	4
	4	45	45	5	5	40	40	5	5	38	38	5
	5	48	48	6	6	42	42	6	6	40	40	6
	6	51	51	7	7	44	44	7	7	42	42	7
	7	54	54	8	8	46	46	8	8	44	44	8
	8	57	57	9	9	48	48	9	9	46	46	9
	9	60	60	10	10	50	50	10	10	48	48	10
	10	63.5	63.5	11	11	52	52	11	11	50	50	11
	11	67	67	12	12	54	54	12	12	52	52	12
	12	71	71	13	13	56	56	13	13	54	54	13
			(+) 71	14	14	58	58	14	14	56	56	14
	13	75			15	60	60	15	15	58	58	15
14	81			16	63.5	63.5	16	16	60	60	16	
15	(+) 81					(+) 63.5	17			(+) 60	17	
				17	67			17	63.5			
				18	71			18	67			
				19	(+) 71			19	(+) 67			

****Note:** If there are less than 2 entries in any division, the competition will not be held for that division. Please observe the registration deadlines in order to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

Participation fee: 40 EUR per participant.

Registration & All questions: zawody@pzmuaythai.pl

Tournament Schedule

29.11.2024 (Friday)

17:00 - 20:00 - Registration & Weight-in

20:10 - Coach meeting, Drawing

* Full packed from each fighter: passport, contest declaration, medical declaration, insurance.

Address:

**Hala Sportowa Szkoły Podstawowej nr 5,
ul. Okrzei 19, 68-200 Żary**

30.11.2024 (Saturday)

9:00 - Preliminary bouts/Semifinals

Venue:

**Hala Sportowa Szkoły Podstawowej nr 5,
ul. Okrzei 19, 68-200 Żary**

01.12.2024 (Sunday)

8:00 - 9:00 - Medical check and weight-in

10:00 - Semifinals and Finals

Venue:

**Hala Sportowa Szkoły Podstawowej nr 5,
ul. Okrzei 19, 68-200 Żary**