POLSKI ZWIĄZEK MUAYTHAI
POLISH MUAYTHAI FEDERATION

OPEN POLISH MUAYTHAI CUP
11-13 DECEMBER 2026
KRAKÓW, POLAND

OFFICIAL INVITATION

Dear International Clubs,

We are pleased to invite your teams to participate in the **Open Polish Muaythai Cup 2026**, which will take place in **Kraków, Poland**, from **11–13 December 2026**.

The **Open Polish Muaythai Cup 2026** will include the following divisions:
U24 (2008-2003)
Masters (1985-1971)

Please note that participation in the **Open Polish Muaythai Cup 2026** is open **only to IFMA Club members**.

We kindly invite you to register your team by email at **zawody@pzmuaythai.pl**

Please send a **collective list of athletes** including the following information, as shown in the example below:
Required information: Athlete's Full Name, Club Name, Date of Birth, Age Category, Weight Category
Example: Jan Kowalski, Muaythai Club, 01.01.2008, U24 Male, -60 kg

Registration closes on 26 November 2026.

Participation fee: 40 EUR per participant.

Registration & All questions: zawody@pzmuaythai.pl

We look forward to welcoming your delegation to Poland!

Adres: ul. Szlak 77/222, 31-153 Kraków
www.pzmuaythai.pl
Tel. +48 606 119 150, E-mail: biuro@pzmuaythai.pl,
KRS 0000409817
NIP 9562299368 REGON 341239062

Rules & Regulations

The Rules and Regulations outlined below are in accordance with the current regulations of the **International Federation of Muaythai Associations (IFMA)** and the **Polish Muaythai Federation (PZMT)**.
All **age divisions**, **weight categories**, and **competition formats** will follow the current PZMT regulations.
All participants must present a **passport**, **competition declaration**, **medical declaration**, and **proof of insurance**.
The **organizers will provide all necessary equipment**, including boxing gloves, headgear, shin guards, elbow pads, and chest protectors.

Divisions of the Competition

2003-2008				
Kategoria wiekowa	U24 MŁODZIEŻOWIEC (18-23)			
Płeć	Mężczyźni		Kobiety	
Waga (kg)	1	45	45	1
	2	48	48	2
	3	51	51	3
	4	54	54	4
	5	57	57	5
	6	60	60	6
	7	63.5	63.5	7
	8	67	67	8
	9	71	71	9
	10	75	75	10
			(+)75	11
	11	81		
	12	86		
	13	91		
	14	(+)91		

1985-1971				
Kategoria wiekowa	MASTERS (41-55)			
Płeć	Mężczyźni		Kobiety	
Waga (kg)	1	45	45	1
	2	48	48	2
	3	51	51	3
	4	54	54	4
	5	57	57	5
	6	60	60	6
	7	63.5	63.5	7
	8	67	67	8
	9	71	71	9
	10	75	75	10
			(+)75	11
	11	81		
	12	86		
	13	91		
	14	(+)91		

**Note: If there are less than 2 entries in any division, the competition will not be held for that division. Please observe the registration deadlines in order to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

Tournament Schedule

December 11

17:00 - 20:00 - Registration & Weight-in

20:15 - Coach meeting, Drawing

* Full packed from each fighter: passport, contest declaration, medical declaration, insurance.

Address: Hala Sportowa, Szkoła Podstawowa nr 130 im. Jana Brzechwy, os. Oświecenia 30, 31-636 Kraków

December 12

9:00 - Preliminary bouts/Semifinals/ Finals

Venue: Hala Sportowa, Szkoła Podstawowa nr 130 im. Jana Brzechwy, os. Oświecenia 30, 31-636 Kraków

December 13

8:00 - 9:00 - Medical check and weight-in

11:00 - Semifinals and Finals

Venue: Hala Sportowa, Szkoła Podstawowa nr 130 im. Jana Brzechwy, os. Oświecenia 30, 31-636 Kraków

Hotel Recommendations:

Hotel Felix, Hotel Lipsk, Hotel Grand Felix, Hotel Swing.

Contact for the Organizer:

Stowarzyszenie Kultury Fizycznej „MAXIMUS”
Rafał Ślusarz
Tel. 501 683 058