



**POLSKI ZWIĄZEK MUAYTHAI**  
**POLISH MUAYTHAI FEDERATION**



## **OPEN POLISH MUAYTHAI CUP**

**20-22 OCTOBER 2023**  
**ŚWIEBODZICE, POLAND**

### **OFFICIAL INVITATION**

*Dear International Clubs,*

We are pleased to invite your teams to the Open Polish Muaythai Cup 2023 held in Świebodzice, Poland.

The event will be held from the 20-22 October 2023.

The Open Polish Muaythai Cup 2023 will include youth (14-15), youth (12-13) youth (10-12) divisions.

At the Open Polish Muaythai Cup 2023 only IFMA Club members will be able to participate.

We invite you to register your team by e-mail: [zawody@pzmuaythai.pl](mailto:zawody@pzmuaythai.pl)

Please send a collective list of Athletes to the e-mail [zawody@pzmuaythai.pl](mailto:zawody@pzmuaythai.pl), providing the information in the e-mail according to the following example:

Athlete Name & Surname, Club Name, Age category (and date of birth), Weight category

E.G. Jan Kowalski, Thai Gym, 01.01.2008, youth 14-15, -60 kg

Registration CLOSES: **12 OCTOBER 2023**

*We are looking forward to welcome your delegation in Poland!*

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Adres: 30-102 Kraków, ul. Morawskiego 5, pok. 318

[www.pzmuaythai.pl](http://www.pzmuaythai.pl)

TEL. +48 606 119 150, email: [biuro@pzmuaythai.pl](mailto:biuro@pzmuaythai.pl),

KRS 0000409817

NIP 9562299368 REGON 341239062

## Rules & Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) & Polish Muaythai Federation (PZMT).

All age divisions, weight class and fight formula as it is in current IFMA regulations.

All participants must have passport, contest declaration, medical declaration, insurance.

Organizers will take care of equipment: boxing gloves, helmet, leg, elbow and chest protections.

### Divisions of the Competition

| Age         | YOUTH 14 - 15 |        |        |    | YOUTH 12 - 13 |      |          |    | YOUTH 10 - 11 |      |        |    |
|-------------|---------------|--------|--------|----|---------------|------|----------|----|---------------|------|--------|----|
|             | MALE          |        | FEMALE |    | MALE          |      | FEMALE   |    | MALE          |      | FEMALE |    |
| Weight (KG) |               |        | 36     | 1  | 1             | 32   | 32       | 1  | 1             | 30   | 30     | 1  |
|             | 1             | 38     | 38     | 2  | 2             | 34   | 34       | 2  | 2             | 32   | 32     | 2  |
|             | 2             | 40     | 40     | 3  | 3             | 36   | 36       | 3  | 3             | 34   | 34     | 3  |
|             | 3             | 42     | 42     | 4  | 4             | 38   | 38       | 4  | 4             | 36   | 36     | 4  |
|             | 4             | 45     | 45     | 5  | 5             | 40   | 40       | 5  | 5             | 38   | 38     | 5  |
|             | 5             | 48     | 48     | 6  | 6             | 42   | 42       | 6  | 6             | 40   | 40     | 6  |
|             | 6             | 51     | 51     | 7  | 7             | 44   | 44       | 7  | 7             | 42   | 42     | 7  |
|             | 7             | 54     | 54     | 8  | 8             | 46   | 46       | 8  | 8             | 44   | 44     | 8  |
|             | 8             | 57     | 57     | 9  | 9             | 48   | 48       | 9  | 9             | 46   | 46     | 9  |
|             | 9             | 60     | 60     | 10 | 10            | 50   | 50       | 10 | 10            | 48   | 48     | 10 |
|             | 10            | 63.5   | 63.5   | 11 | 11            | 52   | 52       | 11 | 11            | 50   | 50     | 11 |
|             | 11            | 67     | 67     | 12 | 12            | 54   | 54       | 12 | 12            | 52   | 52     | 12 |
|             | 12            | 71     | 71     | 13 | 13            | 56   | 56       | 13 | 13            | 54   | 54     | 13 |
|             |               |        | (+) 71 | 14 | 14            | 58   | 58       | 14 | 14            | 56   | 56     | 14 |
|             | 13            | 75     |        |    | 15            | 60   | 60       | 15 | 15            | 58   | 58     | 15 |
|             | 14            | 81     |        |    | 16            | 63.5 | 63.5     | 16 | 16            | 60   | 60     | 16 |
|             | 15            | (+) 81 |        |    |               |      | (+) 63.5 | 17 |               |      | (+) 60 | 17 |
|             |               |        |        |    | 17            | 67   |          |    | 17            | 63.5 |        |    |
|             |               |        |        |    | 18            | 71   |          |    | 18            | 67   |        |    |
|             |               |        |        | 19 | (+) 71        |      |          | 19 | (+) 67        |      |        |    |

**\*\*Note:** If there are less than 2 entries in any division, the competition will not be held for that division. Please observe the registration deadlines in order to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

**Participation fee: 25 EUR per participant.**

**Registration & All questions: [zawody@pzmuaythai.pl](mailto:zawody@pzmuaythai.pl)**

# Tournament Schedule

## October 20

17:00 - 20:00 - Registration & Weight-in

20:10 - Coach meeting, Drawing

\* Full packed from each fighter: passport, contest declaration, medical declaration, insurance.

### Address:

Hala Widowiskowo – Sportowa  
ul. Mieszka Starego 6, 58-160 Świebodzice

## October 21

9:00 - Preliminary bouts/Semifinals

## October 22

8:30 - 9:30 - Medical check and Weight-in

10:00 - Semifinals and Finals

### Venue:

Hala Widowiskowo – Sportowa  
ul. Mieszka Starego 6, 58-160 Świebodzice

 **20-22.10.2023 ŚWIEBODZICE**  
**ZAPRASZAJĄ NA:**  
**Otwarty Puchar Polski Muaythai IFMA dzieci i kadetów**



**MIEJSCE**  
Hala Widowiskowo Sportowa  
ul. Mieszka Starego 6

**ORGANIZATORZY**  
KICKBOXING  
MUAY THAI  
KARATE  
OS:R ŚWIEBODZICE  
Klub Sportowy  
Muay Thai

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