



POLSKI ZWIĄZEK MUAYTHAI POLISH MUAYTHAI FEDERATION



Lower Silesian Championships for children, cadets and juniors 23.04.2023 Świdnica, Poland

OFFICIAL INVITATION

Dear International Clubs,

We are pleased to invite your teams to the Lower Silesian Championships 2023 held in Świdnica, Poland.

The event will be held on **23.04.2023**.

The Lower Silesian Championships 2023 will include youth (16-17), youth (14-15), youth (12-13) youth (10-11) divisions.

We invite you to register your team by e-mail: zawody@pzmuaythai.pl

Please send a collective list of Athletes to the e-mail zawody@pzmuaythai.pl, providing the information in the e-mail according to the following example:

Athlete Name & Surname, Club Name, Age category (and date of birth), Weight category
E.G. Jan Kowalski, Thai Gym, 12.12.2008, youth 14-15, -60 kg

Registration CLOSES: **18.04.2023**

We are looking forward to welcome your delegation in Poland!

Adres: 30-102 Kraków, ul. Morawskiego 5, pok. 318

www.pzmuaythai.pl

TEL. +48 606 119 150, email: biuro@pzmuaythai.pl,

KRS 0000409817

NIP 9562299368 REGON 341239062

Rules & Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) & Polish Muaythai Federation (PZMT).

All age divisions, weight class and fight formula as it is in current IFMA regulations.

All participants must have passport, contest declaration, medical declaration, insurance.

Organizers will take care of equipment: boxing gloves, helmet, leg, elbow and chest protections.

Divisions of the Competition

Age	YOUTH 14 - 15				YOUTH 12 - 13				YOUTH 10 - 11				YOUTH 16 - 17			
	MALE		FEMALE		MALE		FEMALE		MALE		FEMALE		MALE		FEMALE	
Weight (KG)	1	38	36	1	1	32	32	1	1	30	30	1			42	1
	2	40	38	2	2	34	34	2	2	32	32	2	1	45	45	2
	3	42	40	3	3	36	36	3	3	34	34	3	2	48	48	3
	4	45	42	4	4	38	38	4	4	36	36	4	3	51	51	4
	5	48	45	5	5	40	40	5	5	38	38	5	4	54	54	5
	6	51	48	6	6	42	42	6	6	40	40	6	5	57	57	6
	7	54	51	7	7	44	44	7	7	42	42	7	6	60	60	7
	8	57	54	8	8	46	46	8	8	44	44	8	7	63.5	63.5	8
	9	60	57	9	9	48	48	9	9	46	46	9	8	67	67	9
	10	63.5	60	10	10	50	50	10	10	48	48	10	9	71	71	10
	11	67	63.5	11	11	52	52	11	11	50	50	11	10	75	75	11
	12	71	71	12	12	54	54	12	12	52	52	12			(+) 75	12
	13		(+) 71	13	13	56	56	13	13	54	54	13	11	81		
	14	75		14	14	58	58	14	14	56	56	14	12	86		
	15	(+) 81		15	15	60	60	15	15	58	58	15	13	91		
				16	63.5	63.5	16	16	60	60	16	14	(+) 91			
						(+) 63.5	17			(+) 60	17					
				17	67			17	63.5							
				18	71			18	67							
				19	(+) 71			19	(+) 67							

**Note: If there are less than 2 entries in any division, the competition will not be held for that division. Please observe the registration deadlines in order to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

Participation fee: 20 EUR per participant.

Registration & All questions: zawody@pzmuaythai.pl

Tournament Schedule

23.04.2023 (Sunday)

8:00 – 10:00 - Registration & Weight-in

10:30 - Competition

* Full packed from each fighter: passport, contest declaration, medical declaration, insurance.

Address: Hala Sportowa, ul. Galla Anonima 1, 58-100 Świdnica

Hotel recommendation:

Hotel pod Lwami Świdnica
ul. Pionierów Ziemi Świdnickiej 20, 58-100 Świdnica
Tel. +48 74 853 77 22

Hotel sportowy Świdnica
ul. Śląska 31, 58-100 Świdnica
Tel. +48 74 852 25 32

Hotel Esperanto
ul. Bogusza Stęczyńskiego 18, 58-100 Świdnica
Tel. +48 74 63 22 333