



POLSKI ZWIĄZEK MUAYTHAI POLISH MUAYTHAI FEDERATION



2-4 DECEMBER 2022 LISIA GÓRA , POLAND OPEN POLISH MUAYTHAI CUP 2022

OFFICIAL INVITATION

Dear International Clubs,

We are pleased to invite your teams to the Open Polish Muaythai Cup 2022 held in Lisia Góra, Poland.

The event will be held from the 2-4 December 2022.

The Open Polish Muaythai Cup 2022 will include youth (14-15), youth (12-13) youth (10-12) divisions.

We invite you to register your team by e-mail: zawody@pzmuaythai.pl

Please send a collective list of Athletes to the e-mail zawody@pzmuaythai.pl, providing the information in the e-mail according to the following example:

Athlete Name & Surname, Club Name, Age category (and date of birth), Weight category

E.G. Jan Kowalski, Thai Gym Tarnów, 12.12.2008, youth 12-13, -60 kg

Registration CLOSES: **25 NOVEMBER 2022**

We are looking forward to welcome your delegation in Poland!

Adres: 30-102 Kraków, ul. Morawskiego 5, pok. 318

www.pzmuaythai.pl

TEL. +48 606 119 150, email: biuro@pzmuaythai.pl,

KRS 0000409817

NIP 9562299368 REGON 341239062

Rules & Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) & Polish Muaythai Federation (PZMT).

All age divisions, weight class and fight formula as it is in current IFMA regulations.

A contestant in the Junior 14-15 Male or Female Division must be at least 14 years old, but not more than

15 years old.

A contestant in the Junior 12-13 Male or Female Division must be at least 12 years old, but not more than

13 years old.

A contestant in the Junior 10-11 Male or Female Division must be at least 10 years old, but not more than

11 years old.

All participants must have passport, contest declaration, medical declaration, insurance.

Organizers will take care of equipment: boxing gloves, helmet, leg, elbow and chest protections.

Divisions of the Competition

Age	YOUTH 14 - 15				YOUTH 12 - 13				YOUTH 10 - 11			
	MALE		FEMALE		MALE		FEMALE		MALE		FEMALE	
Weight (KG)			36	1	1	32	32	1	1	30	30	1
	1	38	38	2	2	34	34	2	2	32	32	2
	2	40	40	3	3	36	36	3	3	34	34	3
	3	42	42	4	4	38	38	4	4	36	36	4
	4	45	45	5	5	40	40	5	5	38	38	5
	5	48	48	6	6	42	42	6	6	40	40	6
	6	51	51	7	7	44	44	7	7	42	42	7
	7	54	54	8	8	46	46	8	8	44	44	8
	8	57	57	9	9	48	48	9	9	46	46	9
	9	60	60	10	10	50	50	10	10	48	48	10
	10	63.5	63.5	11	11	52	52	11	11	50	50	11
	11	67	67	12	12	54	54	12	12	52	52	12
	12	71	71	13	13	56	56	13	13	54	54	13
			(+) 71	14	14	58	58	14	14	56	56	14
	13	75			15	60	60	15	15	58	58	15
14	81			16	63.5	63.5	16	16	60	60	16	
15	(+) 81					(+) 63.5	17	17		(+) 60	17	
				17	67			17	63.5			
				18	71			18	67			
				19	(+) 71			19	(+) 67			

****Note:** If there are less than 2 entries in any division, the competition will not be held for that division. Please observe the registration deadlines in order to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

Participation fee: 60 EUR per participant.

Registration & All questions: zawody@pzmuaythai.pl

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Tournament Schedule

December 2

18:00 - 21:00 - Registration & Weight-in

21:15 - Coach meeting, Drawing

* Full packed from each fighter: passport, contest declaration, medical declaration, insurance.

Address: Szkoła Podstawowa im. św. Jadwigi Królowej Polskie w Lisiej Górze
ul. Szkolna 2
33-140 Lisia Góra

December 3

9:00 - Preliminary bouts

December 4

9:00 - Medical check and weight-in

10:00 - Semifinals and Finals

Venue:

Szkoła Podstawowa im. św. Jadwigi Królowej Polskie w Lisiej Górze
ul. Szkolna 2
33-140 Lisia Góra