



POLSKI ZWIĄZEK MUAYTHAI POLISH MUAYTHAI FEDERATION



OPEN POLISH MUAYTHAI CUP 10-12 OCTOBER 2025 TURAWA, POLAND

OFFICIAL INVITATION

Dear International Clubs,

We are pleased to invite your teams to the Open Polish Muaythai Cup 2025 held in Turawa, Poland.
The event will be held from the 10-12 October 2025.

The Open Polish Muaythai Cup 2025 will include youth (16-17) and senior (17-40) divisions.
At the Open Polish Muaythai Cup 2025 only IFMA Club members will be able to participate.

We invite you to register your team by e-mail: zawody@pzmuaythai.pl

Please send a collective list of Athletes to the e-mail zawody@pzmuaythai.pl, providing the information in the e-mail according to the following example:

Athlete Name & Surname, Club Name, Age category (and date of birth), Weight category
E.G. Jan Kowalski, Sagat Club, 01.01.2008, youth 16-17, -60 kg

Registration CLOSES: **30 SEPTEMBER 2025**

We are looking forward to welcome your delegation in Poland!

Rules & Regulations

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) & Polish Muaythai Federation (PZMT).

All age divisions, weight class and fight formula as it is in current IFMA regulations.

All participants must have passport, contest declaration, medical declaration, insurance.

Organizers will take care of equipment: boxing gloves, helmet, leg, elbow and chest protections.

Divisions of the Competition

Age	SENIOR				YOUTH 16 - 17			
Gender	MALE		FEMALE		MALE		FEMALE	
Weight (KG)	1	45	45	1			42	1
	2	48	48	2	1	45	45	2
	3	51	51	3	2	48	48	3
	4	54	54	4	3	51	51	4
	5	57	57	5	4	54	54	5
	6	60	60	6	5	57	57	6
	7	63.5	63.5	7	6	60	60	7
	8	67	67	8	7	63.5	63.5	8
	9	71	71	9	8	67	67	9
	10	75	75	10	9	71	71	10
			(+) 75	11	10	75	75	11
	11	81					(+) 75	12
	12	86			11	81		
	13	91			12	86		
	14	(+) 91			13	91		
					14	(+) 91		

****Note:** If there are less than 2 entries in any division, the competition will not be held for that division. Please observe the registration deadlines in order to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

Participation fee: 40 EUR per participant.

Registration & All questions: zawody@pzmuaythai.pl

Tournament Schedule

October 10

17:00 - 20:00 - Registration & Weight-in

20:10 - Coach meeting, Drawing

* Full packed from each fighter: passport, contest declaration, medical declaration, insurance.

Address: Hala Sportowa im. Joachima Halupczoka, ul. Opolska 47A 46-045 Turawa

October 11

9:00 - Preliminary bouts/Semifinals

Venue: Hala Sportowa im. Joachima Halupczoka, ul. Opolska 47A 46-045 Turawa

October 12

8:00 - 9:00 - Medical check and weight-in

11:00 - Semifinals and Finals

Venue: Hala Sportowa im. Joachima Halupczoka, ul. Opolska 47A 46-045 Turawa